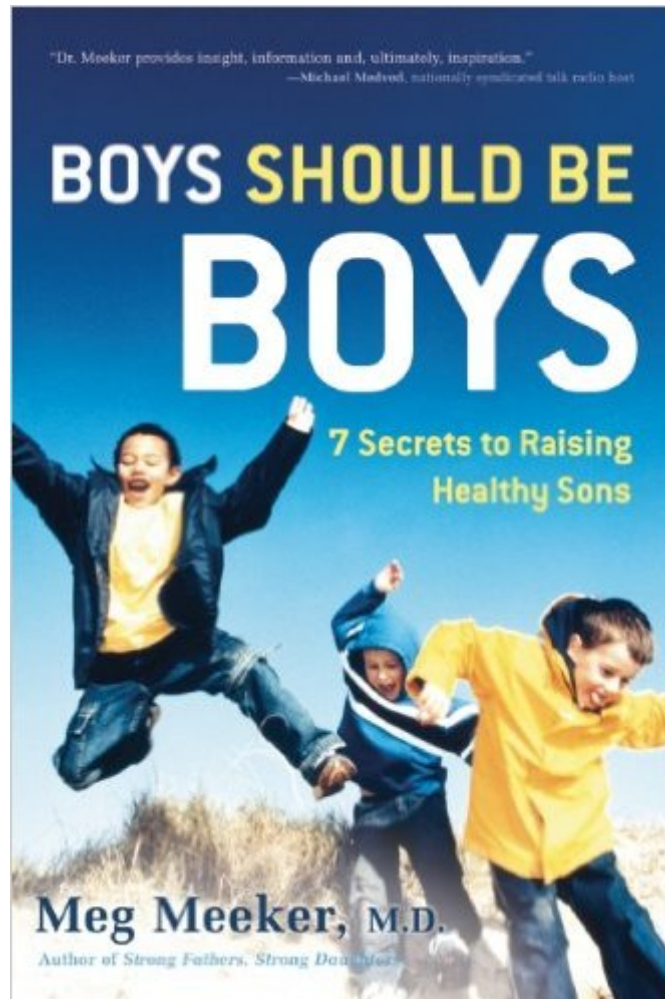


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# Boys Should Be Boys: 7 Secrets To Raising Healthy Sons



## Synopsis

In *Boys Should Be Boys*, critically acclaimed author Dr. Meg Meeker helps parents restore the delights of boyhood and enable today's boys to become the mature, confident, and thoughtful men of tomorrow. Boys will always be boys—rambunctious, adventurous, and curious, climbing trees, building forts, playing tackle football, all part of the rite of passage into manhood. But today our sons face an increasingly hostile world, one that doesn't value the spirited nature of boys. Meeker explores the secrets to boyhood to create an uplifting guide to make raising sons a little easier.

## Book Information

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## Customer Reviews

As the father of three daughters, I really admired Meg Meeker's "Strong Fathers, Strong Daughters". Since I also have three sons, I was happy to read her new book "Boys Should Be Boys". Note that her first book had 10 secrets every father should know. This book has 7 secrets to raising healthy sons. I guess boys are simpler creatures. The main thrust of the book is that boys need to explore, test their limits, and this can often lead to scrapes, bruises, dirty clothes, and even a broken bone or two. However, in our obsession to protect boys from their natural tendencies, we cosset them in a toxic environment of video games, online pseudo relationships, sexual influences from TV, movies, and the Web, and give them everything but our personal time and attention. Then we wonder why they have ADHD, stunted emotional growth, and difficulty in transitioning to manhood. The point of the book is not to blame parents, but to alert them to the dangers, to what it is that boys need, and to help them realize the extra effort that must be applied to raising their sons in order to counter the awful societal influences that are drowning our boys. The book has twelve chapters and the first is

an overview of this problem. The next seven go over the seven areas we need to pay attention to in raising our sons and grandsons. The second chapter discusses that we need to help our boys through the difficulties of peer pressure. While this is true in every generation, since our time is particularly toxic towards boys we need to be very careful about the influences and values being taught to them. The third discusses the natural tendency of boys to explore the woods, climb trees, play rough sports, and other 'dangerous' activities. This is what boys SHOULD be doing.

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